

# Mindy Henderson

MOTIVATIONAL SPEAKER, WRITER, COACH

## MEET MINDY

Mindy Henderson is a Motivational Speaker, Writer, Coach, Podcaster and guest contributor of "Morning Motivational Tips" on CBS Austin's "We Are Austin" lifestyle morning show.

Living life from a wheelchair, the challenges she has overcome cultivated the very skills in her that she needed to achieve almost every goal she's ever set for herself, to achieve great success and now make her uniquely qualified to motivate others to see their potential.

## SPEAKING TOPICS

- Turning Your Biggest Challenges into Your Biggest Advantages
- Adversity, Diversity & Inclusion: Finding Strength in Our Differences
- Doing What You Can with What You Have: Redefining What Optimal Health Means to You
- Adversity & Entrepreneurism: Pillars & Parallels
- Disaster Pre-Covery: The COVID Lesson
- Side-Effects & By-Products of Volunteering: Healing Your World & Theirs

## WHERE I'VE BEEN SPEAKING

- The University of Texas Business School - Entrepreneurism
- The University of Texas Medical School
- Guest Contributor on CBS Austin's "We Are Austin" Lifestyle Show
- Companies like Dell, VMware, Abrigo and NXP Semiconductors, and Cisco
- Texas Woman in Business

## TO LISTEN TO MINDY'S PODCAST

## YOU SAID IT

"Mindy's moving presentation on overcoming adversity tied with the importance of diversity and inclusion was both eye-opening and inspirational. Mindy, thank you for being so open and delivering such a powerful and positive learning experience for us all!"



- DAVID G.

*Abrigo Senior Manager, Learning & Development*

"Hearing Mindy deliver such an inspirational talk on overcoming adversity and changing our perspective towards the challenges we encounter was enlightening and uplifting. We need to check ourselves on the victimizing and put more focus on gratitude and power. Mindy's delivery was on point and we left feeling energized and grateful."



- RENEE C.

*Silicon Labs Director, IT Infrastructure Services*

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